

# Specials of the Week

Week commencing Monday January 21st 2019

\*\*\*AVAILABLE EVERYDAY\*\*\*

Ready-made Sandwiches/Baguettes/Meat & Salad Packs  
Strawberry & Mango Smoothies available daily

*Gourmet Frappe – Banana Blast with honey, yoghurt & dates*

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Mondays Lunchtime Special is....

*Beef, tomato, red onion, swiss cheese & fruit chutney toasted  
On Turkish bread \$6.40*

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Tuesdays Lunchtime Special is.....

*Toasted croissant with ham, cheese, egg, pineapple & lettuce \$8.40*

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Wednesdays Lunchtime Special is .....

*Sweet chili chicken wrap with cucumber, tomato, carrot,  
Cheese & spinach leaves \$8.40*

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Thursdays Lunchtime Special is .....

*Choose from a white or wholemeal roll with beef, chargrilled capsicum,  
cheese, olives, alfalfa, red onion & mustard pickles \$8.40*

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Fridays Lunchtime Special is .....

*Warm chicken salad with mango, avocado, roasted cashews  
gourmet lettuce, seeded mustard drizzled with balsamic glaze \$8.50*